

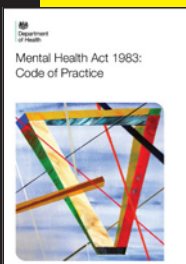


Department  
of Health

An easy read fact sheet

# Information you must be given

This fact sheet is about  
your right to know why  
you must stay  
in hospital.



## Know your rights

The Mental Health Act  
Code of Practice

# Information you must be given

## Key facts

- \* You should be given information about being detained in hospital.
- \* The information should be given to you in a way you understand.
- \* There are certain things you must be told about, we have written about them below.
- \* You can always ask for help to understand the information from an Independent Mental Health Advocate or someone you trust.



# Your right to information

If you are detained under the Mental Health Act you must be given information to help you understand how the Act applies to you.

**The information should be given to you in a way that you will understand, things like:**

- plain English,
- Braille,
- Easy Read or
- information in another language



## When you are detained you must be told:

- Which section of the Mental Health Act you are detained under
- What rights (if any) your Nearest Relative has to help you be discharged and what can happen if your responsible clinician does not agree with that decision
- How to get help from an Independent Mental Health Advocate.





## You must also be helped to understand:

- Why you have been detained
- The longest time you can be detained for and how that time might be made longer.
- How to get legal advice.
- How to make a complaint.



- About the Care Quality Commission
- Your right to be considered for a discharge, including applying to a Tribunal, what this is and does and how to access it.
- You should be told about your rights on a regular basis.
- An **Independent Mental Health Advocate** can help you understand your rights and support you.



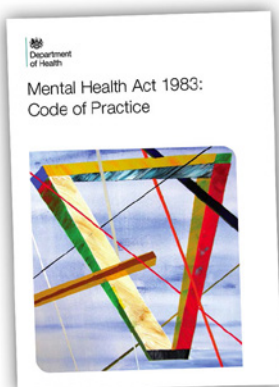
Department  
of Health

## Where in the code?

**This easy read fact sheet comes from DH  
Mental Health Act 1983: Code of Practice**

**Download the code:**

[www.gov.uk/government/uploads/system/uploads/  
attachment\\_data/file/396918/Code\\_of\\_Practice.pdf](http://www.gov.uk/government/uploads/system/uploads/attachment_data/file/396918/Code_of_Practice.pdf)



**Download the easy read fact sheets:**

[www.nhs.uk/easy-mentalhealthact](http://www.nhs.uk/easy-mentalhealthact)

**Download the easy read glossary:**

[www.nhs.uk/glossary](http://www.nhs.uk/glossary)