

Community Learning West – FREE courses for people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment. If you are worried about getting started with online learning please call the contact number for the course you are interested in and they will be able to organise support for you.

Course Title & Description	Time	Start Date & Day	No. of weeks	Contact	Delivery
Employability					
<p>*Introduction To Remote Learning Learn how to use Zoom, set up an email account with a safe password and staying safe online.</p>	A 3hr workshop completed at a time that suits you	Flexible Monday to Friday from 1 to 31 October	1 session	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Face-to-face at The Greenway Centre Doncaster Road Southmead BS10 5PY
<p>*Confidence In Employability This course covers personal skills and attributes, writing a good CV and cover letter, using different resources to search for jobs, preparing for an interview.</p>	Flexible	Flexible Monday to Friday from 1 to 31 October	6 modules	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Face-to-face at The Greenway Centre Doncaster Road Southmead BS10 5PY
<p>Level 1 Award in Health And Social Care A 30-hour accredited course. Build a portfolio and gain the knowledge and skills needed to work in this sector (adults and children).</p>	TBC	Thursdays	TBC	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Henbury and Brentry Community Centre, Machin Road, Henbury, BS10 7HG. Some sessions may be online. Suitable for English Entry Level 3 and above
<p>*Introduction To Construction H&S CSCS Training A 2-day training course that will cover the latest information and regulations regarding working on construction sites. This course will equip you to pass the online CSCS tests that can be taken later. For North Somerset residents</p>	9am to 3.30pm	26/10 and 27/10 Tuesday and Wednesday	2 days	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Face-to-face at Elizabeth House 30-32 Boulevard Weston-super-Mare BS23 1NF
<p>*Introduction To Construction H&S CSCS Training A 2-day training course that will cover the latest information and regulations regarding working on construction sites. This course will equip you to pass the online CSCS tests that can be taken later. For Bristol residents</p>	9am to 3.30pm	28/10 and 29/10 Thursday and Friday	2 days	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Face-to-face at The Greenway Centre Doncaster Road Southmead BS10 5PY

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Level 2 Award in Independent Advocacy An accredited course to help you start the journey of being an advocate for a range of settings. Targeting people with a range of lived experiences they can bring to advocate role.	10am to 12noon	04/11/21 Thursdays	10 weeks with a follow on 4 weeks Employment Support	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face-to-face at St Pauls Learning Centre 94 Grosvenor Road St Pauls BS2 8XJ Must be level 1 or above
*Level 1 Passport To Enterprise And Employment Develop the skills you need for gaining employment or becoming self-employed.	9.30am to 1.45pm	11/11/21 Thursdays and Friday mornings	3	Jane Franklin 07518576597 admin@c-cbed.com	Online
IT Skills					
Opportunities To Improve Digital Access In Local Communities We are looking to establish 13 digital learning points to be based with community organisations in local venues across the city. The offer includes 3 mini IT suites with 10 laptops to be managed by Community Learning and 10 learning sites fitted with Smart TVs and free Wi-Fi data via MiFis and the option to borrow 10 laptops. Our intention is to support providers and local groups to enhance their digital access for residents so that they can improve their digital skills, access online learning, undertake job search activities or support community cohesion activities.				If you would be interested in having equipment located in one of your venues, then please contact James Bruton Team Leader for Digital Inclusion at james.bruton@bristol.gov.uk .	
Get Digital/Intro To Digital Skills A course for the terrified! Get started using Zoom. You will learn about the basics including using email, strong passwords, e-safety using the internet. Learners can use smart phones.	TBC	TBC	4	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM. Suits all levels as support can be given
Intro To Office Skills/Business Admin/IT For Employment An intermediate course which will boost skills needed for work, including making applications. It will cover e-safety, Word, spreadsheets, making digital presentations. National Careers Service advisor will visit the course.	10am to 12noon	09/11/21 Tuesdays	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM and Google Classroom or ITS learning. Suitable for English Entry Level 3 and above
Confidence & Aspirations, Health & Wellbeing					
Feel Good Outdoors. North Bristol Wellbeing course focussing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities.	1pm to 3pm	15/10/21 Fridays	6 TBC	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Lawrence Weston Community Farm Saltmarsh Drive BS11 0NJ Suits all levels

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Budget For The Holidays A fun and practical course to help you save money, find bargains online and make personalised gifts for friends and family.	5.30pm to 7.30pm	04/11/21 Thursdays	6	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face-to-face Healthy Living Centre Knowle West Health Park Downton Road BS4 1WH
Live Well Eat Well A practical cooking course and a chance to learn about benefits of healthy cooking and active lifestyles.	9.30am to 11.30am	05/11/21 Fridays	6	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face-to-face Healthy Living Centre Knowle West Health Park Downton Road BS4 1WH Suitable for English Entry Level 3 and above
Budget For The Holidays A fun and practical course to help you save money, find bargains online and make personalised gifts for friends and family.	1pm to 3pm Fridays	05/11/21 Fridays	6	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face-to-face Healthy Living Centre Knowle West Health Park Downton Road BS4 1WH
Non accredited Functional Skills, ESOL & Language					
ESOL Conversation Clubs	Various times			esolconversationclubs@bristol.gov.uk for more information check our website www.esolcc.org	Online using ZOOM
Brush Up Your Maths – For Home And Work This course will help you brush up on your maths skills and prepare you to join a functional skills maths course to gain a qualification.	9.30am to 11.30am	20/09/21 Mondays Places still available	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Long Cross Children's Centre Lawrence Weston BS11 0LP TBC Face-to-face or blended with online learning. Suitable for English Entry Level 3 and above

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Brush Up Your English – For Home And Work Friendly and helpful class to brush up your speaking, writing reading and helps you prepare for a Functional Skills course in Jan 2022. Crèche available.	9.30am to 11.30am	21/09/21 Tuesdays. Places still available	10	Helen Richards 07760990855 helen.richards@bristol.gov.uk	Face-to-face at Hartcliffe Nursery School and Children’s Centre Hareclive Road BS13 0JW Suitable for English Entry Level 3 and above
Brush Up Your Maths – For Home And Work This course will help you brush up on your maths skills and prepare you to join a functional skills maths course to gain a qualification.	1pm to 3pm	21/09/21 Tuesdays. Places still available	10	Helen Richards 07760990855 helen.richards@bristol.gov.uk	Face-to-face at Hartcliffe Nursery School and Children’s Centre Hareclive Road BS13 0JW
Brush Up Your English – For Home And Work Friendly and helpful class to brush up your speaking, writing reading and helps you prepare for a Functional Skills course in Jan 2022.	9.30am to 11.30am	23/09/21 Thursdays. Places still available	10	Helen Richards 07760990855 helen.richards@bristol.gov.uk	Face-to-face at Hartcliffe Nursery School and Children’s Centre Hareclive Road BS13 0JW Suitable for English Entry Level 3 and above
Brush Up Your Maths – For Home And Work This course will help you brush up on your maths skills and prepare you to join a functional skills maths course to gain a qualification.	9.30am to 11.30am	24/09/21 Fridays. Places still available	10	Helen Richards 07760990855 helen.richards@bristol.gov.uk	Face-to-face at Methodist Church Hall Mowcroft Road Hartcliffe BS13 0LT
Brush Up Your English – For Home And Work This course will help you brush up on your English skills and prepare you to join a functional skills English course to gain a qualification.	1pm to 3pm	11/10/21 Mondays	9	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face at Long Cross Children’s Centre, Lawrence Weston, BS11 0LP. Suitable for English Entry level 3 and above
ESOL Assessment Course – All About Me You will take an assessment to find out your level in English. This will help you plan your next steps in learning English. You can also find out about FREE ESOL Conversation Clubs.	9.45am to 11.45am	12/10/21 Tuesdays	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online course using Zoom. For new learners to Community Learning

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*ESOL Conversation Class Designed to help learners to gain confidence in everyday life including work, school and in the community.	4pm to 6pm	18/10/21 Mondays	8	admin@c-bed.com	Online
*Getting Started With Maths For adults who want to improve their maths skills and their confidence. The course focusses on practical, everyday maths problems for work and volunteering.	10am to 12noon	18/10/21 Mondays	7	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
*Getting Started With English For adults who want to improve their written and spoken English and their confidence for work and volunteering. This is not an ESOL course.	10am to 12noon	19/10/21 Tuesdays	7	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
Accredited Functional Skills Maths and English					
*Functional Skills Maths and English For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. Get in touch for more information.	TBC	Mondays (Maths) Tuesdays (English) Start dates TBC in November		Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
Parenting and Family Learning					
*Triple P Parenting Triple P (Positive Parenting Programme), is as an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world.	TBC	TBC	TBC	Jonathan Hope 07779086892 jonathan.hope@wider-world.org.uk	Please contact Jonathan Hope for more details of venues and courses.
*Boost Pupils and parents learn together about resilience, confidence, teamwork, leadership, problem-solving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're going to achieve it.	TBC	TBC	TBC	Jonathan Hope 07779086892 jonathan.hope@wider-world.org.uk	Please contact Jonathan Hope for more details of venues and courses.

We welcome suggestions for new courses so please call us if you do not see a course you are looking for. Check our website www.communitylearningwest.net and our Facebook page <https://www.facebook.com/BristolCommunityLearning/>

* These courses are delivered on behalf of Community Learning West by commissioned partners.