



## Community Learning West OCTOBER update FREE courses

**Community Learning West** offers a wide range of **FREE** courses to people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment.

Some courses take place **online** using Zoom, Google Classroom, Facebook, etc. Others take place **face-to-face** as lockdown restrictions are lifted. For online courses, learners need a smart phone, laptop or tablet and data/Wi-Fi for internet use. Community Learning West has some tablets to loan out and Wi-Fi bundles to help learners with limited digital access. Please contact Community Learning West by email [lctinfo@bristol.gov.uk](mailto:lctinfo@bristol.gov.uk) for more details.

### **Opportunities To Improve Digital Access In Local Communities**

We are looking to establish 13 digital learning points to be based with community organisations in local venues across the city. The offer includes 3 mini IT suites with 10 laptops to be managed by Community Learning and 10 learning sites fitted with Smart TVs and free Wi-Fi data via MiFis and the option to borrow 10 laptops. Our intention is to support providers and local groups to enhance their digital access for residents so that they can improve their digital skills, access online learning, undertake job search activities or support community cohesion activities. If you would be interested in having equipment located in one of your venues, then please contact James Bruton Team Leader for Digital Inclusion at [james.bruton@bristol.gov.uk](mailto:james.bruton@bristol.gov.uk)

## Courses starting soon...

### **Non-accredited Maths and English**



#### **Brush Up Your Maths – For Home And Work**

Ideal for adults who want to brush up on their maths skills and get ready to join a functional skills maths course to gain a qualification. **Face-to-face or online (TBC)** at Long Cross Children's Centre, Lawrence Weston, BS11 0LP. 9.30am to 11.30am, Mondays for 10 weeks **from 20/09/21**. Contact Suzanne Gaffney on 07887451776 or email [suzanne.gaffney@bristol.gov.uk](mailto:suzanne.gaffney@bristol.gov.uk)

### **Brush Up Your English – For Home And Work**

Ideal for adults who want to brush up on their English skills and get ready to join a functional skills English course to gain a qualification. **Face-to-face** at Hartcliffe Nursery and Children's Centre, BS13 OJW. Creche available. 9.30am to 11.30am, Tuesdays for 10 weeks from 21/09/21. Contact Helen Richards on 07760990855 or email [helen.richards@bristol.gov.uk](mailto:helen.richards@bristol.gov.uk)

### **Brush Up Your Maths – For Home And Work**

Ideal for adults who want to brush up on their maths skills and get ready to join a functional skills maths course to gain a qualification. **Face-to-face** at Hartcliffe Nursery and Children's Centre, BS13 OJW. 1pm to 3pm, Tuesdays for 10 weeks **from 21/09/21**. Contact Helen Richards on 07760990855 or email [helen.richards@bristol.gov.uk](mailto:helen.richards@bristol.gov.uk)

### **Brush Up Your English – For Home And Work**

Ideal for adults who want to brush up on their English skills and get ready to join a functional skills English course to gain a qualification. **Face-to-face** at Hartcliffe Nursery and Children's Centre, BS13 OJW. Creche available. 9.30am to 11.30am, Thursdays for 10 weeks from 23/09/21. Contact Helen Richards on 07760990855 or email [helen.richards@bristol.gov.uk](mailto:helen.richards@bristol.gov.uk)

### **Brush Up Your Maths – For Home And Work**

Ideal for adults who want to brush up on their maths skills and get ready to join a functional skills maths course to gain a qualification. **Face-to-face** at Methodist Church Hall, Mowcroft Road, Hartcliffe, BS13 OLT. 9.30am to 11.30am, Fridays for 10 weeks **from 24/09/21**. Contact Helen Richards on 07760990855 or email [helen.richards@bristol.gov.uk](mailto:helen.richards@bristol.gov.uk)

### **Brush Up Your English – For Home And Work**

Ideal for adults who want to brush up on their English skills and get ready to join a functional skills English course to gain a qualification. **Face-to-face** at Long Cross Children's Centre, Lawrence Weston, BS11 OLP. 1pm to 3pm, Mondays for 9 weeks **from 11/10/21**. Contact Suzanne Gaffney on 07887451776 or email [suzanne.gaffney@bristol.gov.uk](mailto:suzanne.gaffney@bristol.gov.uk)

### **\*Getting Started With Maths**

For adults who want to improve their maths skills and their confidence. The course focusses on practical, everyday maths problems for work and volunteering. **Face-to-face** at YES, West Street, Bristol, BS2 OBH. 10am to 12noon, Mondays for 7 weeks from 18/10/21. Phone 0117 9739744 or email [information@youtheducationservice.org.uk](mailto:information@youtheducationservice.org.uk)

### **\*Getting Started With English**

For adults who want to improve their written and spoken English and their confidence for work and volunteering. **This is not an ESOL course.** **Face-to-face** at YES, West Street, Bristol, BS2 OBH. 10am to 12noon, Tuesdays for 7 weeks from 19/10/21. Phone 0117 9739744 or email [information@youtheducationservice.org.uk](mailto:information@youtheducationservice.org.uk)

## **Accredited Maths and English**

### **Functional Skills Maths and English**

For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. Get in touch for more information. **Face-to-face** at YES, West Street, Bristol, BS2 OBH. Mondays (Maths) or Tuesdays (English). Start dates TBC in November Phone 0117 9739744 or email [information@youtheducationservice.org.uk](mailto:information@youtheducationservice.org.uk)

## IT and Employment Skills



### **\*Introduction To Remote Learning**

Learning online is here to stay! This 3-hour workshop will help you use Zoom and stay safe online. **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. **From 01/10/21**. Contact Kim Payne on 07917848757 or email [kim.payne@cmtservices.co.uk](mailto:kim.payne@cmtservices.co.uk)

### **\*Confidence In Employability**

Covers personal skills and attributes, writing a good CV and covering letter and job searching using a range of tools. Prepare for the interview and get that job! **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. **From 01/10/21**. Contact Kim Payne on 07917848757 or email [kim.payne@cmtservices.co.uk](mailto:kim.payne@cmtservices.co.uk)

### **\*Introduction To Construction H&S CSCS Training. For North Somerset residents**

2 days of up-to-date training and information regarding working on construction sites. This course will equip you to pass the online CSCS tests that can be taken at a later date. **Face-to-face** at Elizabeth House, 30-32 Boulevard, Weston-super-Mare, BS23 1NF. 9am to 3.30pm, **2 days on 26/10/21 and 27/10/21**. Contact Kim Payne on 07917848757 or email [kim.payne@cmtservices.co.uk](mailto:kim.payne@cmtservices.co.uk)

### **\*Introduction To Construction H&S CSCS Training. For Bristol residents**

2 days of up-to-date training and information regarding working on construction sites. This course will equip you to pass the online CSCS tests that can be taken at a later date. **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. 9am to 3.30pm, **2 days on 28/10/21 and 29/10/21**. Contact Kim Payne on 07917848757 or email [kim.payne@cmtservices.co.uk](mailto:kim.payne@cmtservices.co.uk)

### **Level 2 Award in Independent Advocacy**

An accredited course to help you start the journey of being an advocate for a range of settings. Targeting people with a range of lived experiences they can bring to advocate role. Face-to-face at St Pauls Learning Centre, 94 Grosvenor Road, Bristol, BS2 8XJ. 10am to 12noon, Thursdays for 10 weeks **from 04/11/21**. Contact Lucy Fieldhouse on 07788353446 or email [Lucy.fieldhouse@bristol.gov.uk](mailto:Lucy.fieldhouse@bristol.gov.uk)

### **Intro To Office Skills/Business Admin/IT For Employment**

For anyone who wants to boost the skills needed for work, including making applications. It will cover e-safety, Word, spreadsheets, making digital presentations. National Careers Service advisor will visit the course. **Online**. 10am to 12noon, Tuesdays for 6 weeks **from 09/11/21**. Contact Suzanne Gaffney on 07887451776 or email [suzanne.gaffney@bristol.gov.uk](mailto:suzanne.gaffney@bristol.gov.uk)

### **\*Level 1 Passport To Enterprise And Employment**

Thinking about setting up our own business or moving up in your job? This course is for you! Develop the skills you need for gaining employment or becoming self-employed. **Online**. 9.30am to 1.45pm, Thursdays and Friday mornings for 3 weeks **from 11/11/21**. Contact Jane Franklin on 07518576597 or email [admin@c-cbed.com](mailto:admin@c-cbed.com)

### **Level 1 Award in Health And Social Care**

This is a 30-hour accredited course. You will build a portfolio and gain the knowledge and skills needed to work in this sector (adults and children). Dates and times TBC. Contact Suzanne Gaffney on 07887451776 or email [suzanne.gaffney@bristol.gov.uk](mailto:suzanne.gaffney@bristol.gov.uk)

## Get Digital/Intro To Digital Skills

A computer course for the terrified! Get started using Zoom and learn the basics including emails, creating strong passwords, how to stay safe online. **Online**. Dates and times TBC. Contact Suzanne Gaffney on 07887451776 or email [suzanne.gaffney@bristol.gov.uk](mailto:suzanne.gaffney@bristol.gov.uk)

## Family Learning



### \*Triple P Parenting

Triple P (Positive Parenting Programme), is an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world. For details of course, contact Jonothan Hope on 07779086892 or email [jonothan.hope@wider-world.org.uk](mailto:jonothan.hope@wider-world.org.uk)

### \*Boost

Pupils and parents learn together about resilience, confidence, teamwork, leadership, problem-solving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're going to achieve it. For details of course, contact Jonothan Hope on 07779086892 or email [jonothan.hope@wider-world.org.uk](mailto:jonothan.hope@wider-world.org.uk)

## Confidence & Aspirations, Health & Wellbeing



### Feel Good Outdoors. North Bristol

Well-being course focusing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities. **Face-to-face** at Lawrence Weston Community Farm, Saltmarsh Drive, Bristol BS11 0NJ. 1pm to 3pm, Fridays for 6 weeks **from 15/10/21**. Contact Suzanne Gaffney on 07887451776 or email [suzanne.gaffney@bristol.gov.uk](mailto:suzanne.gaffney@bristol.gov.uk)

### Budget For The Holidays

A fun and practical course to help you save money, find bargains online and make personalised gifts for friends and family. **Face-to-face** at Healthy Living Centre, Knowle West Health Park, Downton Road, BS4 1WH. 5.30pm to 7.30pm, Thursdays for 6 weeks **from 04/11/21**. Contact Lucy Fieldhouse on 07788353446 or email [Lucy.fieldhouse@bristol.gov.uk](mailto:Lucy.fieldhouse@bristol.gov.uk)

### Live Well Eat Well

A practical cooking course and a chance to learn about benefits of healthy cooking and active lifestyles. **Face-to-face** at Healthy Living Centre, Knowle West Health Park, Downton Road, BS4 1WH. 9.30am to 11.30am, Fridays for 6 weeks **from 05/11/21**. Contact Lucy Fieldhouse on 07788353446 or email [Lucy.fieldhouse@bristol.gov.uk](mailto:Lucy.fieldhouse@bristol.gov.uk)

### Budget For The Holidays

A fun and practical course to help you save money, find bargains online and make personalised gifts for friends and family. **Face-to-face** at Healthy Living Centre, Knowle West Health Park, Downton Road, BS4 1WH. 1pm to 3pm, Fridays for 6 weeks **from 05/11/21**. Contact Lucy Fieldhouse on 07788353446 or email [Lucy.fieldhouse@bristol.gov.uk](mailto:Lucy.fieldhouse@bristol.gov.uk)

## ESOL Conversation Clubs and Courses



### ESOL Conversation Clubs

To join a friendly Zoom meeting contact [esolconversationclubs@bristol.gov.uk](mailto:esolconversationclubs@bristol.gov.uk). For more information check our website [www.esolcc.org](http://www.esolcc.org) or visit Learn English in Bristol website: [www.LEB.community](http://www.LEB.community)

### ESOL Assessment Course – All About Me

Introduction to Community Learning. You will take an assessment to find out what level you are in English. This will help you plan your next steps in learning English. You can also find out about FREE ESOL Conversation Clubs. **Online**. 9.45am to 11.45am, Tuesdays for 6 weeks **from 12/10/21**. Contact Suzanne Gaffney on 07887451776 or email [suzanne.gaffney@bristol.gov.uk](mailto:suzanne.gaffney@bristol.gov.uk)

### \*ESOL Conversation Class

Designed to help learners to gain confidence in everyday life including work, school and in the community. **Online**, 4pm to 6pm, Mondays for 8 weeks **from 18/10/21**. Email [admin@c-cbed.com](mailto:admin@c-cbed.com)

*\* These courses are delivered on behalf of Community Learning West by commissioned partners.*

We always welcome suggestions so please call us if you do not see a course you are looking for.

Check our website [www.communitylearningwest.net](http://www.communitylearningwest.net) and our Facebook page <https://www.facebook.com/BristolCommunityLearning/>