

Community Learning West – FREE courses for people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment. If you are worried about getting started with online learning please call the contact number for the course you are interested in and they will be able to organise support for you.

Course Title & Description	Time	Start Date & Day	No. of weeks	Contact	Delivery
Employability					
<p>*Introduction To Remote Learning Learn how to use Zoom, set up an email account with a safe password and staying safe online.</p>	A 3hr workshop completed at a time that suits you	Flexible Monday to Friday from 1 to 31 November	1 session	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Face-to-face at The Greenway Centre Doncaster Road Southmead BS10 5PY
<p>*Confidence In Employability This course covers personal skills and attributes, writing a good CV and cover letter, using different resources to search for jobs, preparing for an interview.</p>	Flexible	Flexible Monday to Friday from 1 to 31 November	6 modules	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Face-to-face at The Greenway Centre Doncaster Road Southmead BS10 5PY
<p>Level 1 Award In Health And Social Care A 30-hour accredited course. Build a portfolio and gain the knowledge and skills needed to work in this sector (adults and children).</p>	9.30am to 2.30pm	04/11/21 Thursdays	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Henbury and Brentry Community Centre, Machin Road, Henbury, BS10 7HG. Suitable for English Entry Level 3 and above
<p>Level 2 Award In Independent Advocacy An accredited course to help you start the journey of being an advocate for a range of settings. Targeting people with a range of lived experiences they can bring to advocate role.</p>	10am to 12noon	04/11/21 Thursdays	10 weeks with a follow on 4 weeks Employment Support	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face-to-face at St Pauls Learning Centre 94 Grosvenor Road St Pauls BS2 8XJ Must be level 1 or above
<p>*Level 1 Passport To Enterprise And Employment Develop the skills you need for gaining employment or becoming self-employed.</p>	9.30am to 1.45pm	18/11/21 Thursdays and Friday mornings	3	CCBED admin@c-cbed.com	Online

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IT Skills					
Opportunities To Improve Digital Access In Local Communities We are looking to establish 13 digital learning points to be based with community organisations in local venues across the city. The offer includes 3 mini IT suites with 10 laptops to be managed by Community Learning and 10 learning sites fitted with Smart TVs and free Wi-Fi data via MiFis and the option to borrow 10 laptops. Our intention is to support providers and local groups to enhance their digital access for residents so that they can improve their digital skills, access online learning, undertake job search activities or support community cohesion activities.				If you would be interested in having equipment located in one of your venues, then please contact James Bruton Team Leader for Digital Inclusion at james.bruton@bristol.gov.uk .	
Intro To Office Skills/Business Admin/IT For Employment An intermediate course which will boost skills needed for work, including making applications. It will cover e-safety, Word, spreadsheets, making digital presentations. National Careers Service advisor will visit the course.	10am to 12noon	09/11/21 Tuesdays	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM and Google Classroom or ITS learning. Suitable for English Entry Level 3 and above
Computer Skills For Beginners This course is to learn the basics of using a computer and will cover how to create an email account and send emails, create documents and set up video calls. Laptop loan and data may be available for this course.	9.30am to 11.30am	12/11/21 Fridays	6	Pippa Davies 07385 939446 Pippa.davies@bristol.gov.uk	St Werburgh' s Community Centre Horley Rd BS2 9TJ
Get Digital/Get To Know Your Laptop A course for the terrified! Learn the basics including using email, strong passwords, e-safety, using the internet and online applications. Laptop loan and data may be available for this course.	1pm to 3pm TBC	25/11/21 Thursdays	4	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Avonmouth Community Centre 257 Avonmouth Road BS11 9EN Suitable for English Entry Level 3 and above.
Confidence & Aspirations, Health & Wellbeing					
Live Well Eat Well A practical cooking course and a chance to learn about benefits of healthy cooking and active lifestyles.	9.30am to 11.30am	05/11/21 Fridays	6	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face-to-face Healthy Living Centre Knowle West Health Park Downton Road BS4 1WH Suitable for English Entry Level 3 and above

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Feel Good Outdoors. North Bristol Wellbeing course focussing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities.	1pm to 3pm	05/11/21 Fridays	4	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Lawrence Weston Community Farm Saltmarsh Drive BS11 0NJ Suits all levels
Holiday Craft Ideas For The Family Based around stories. Explore some fun activities to do with your child at home, which are on a budget and support your child's learning.	9.45am to 11.45am TBC	30/11/21 Tuesdays TBC	3 or 4 TBC	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Henbury or Brentry Children's Centre TBC Suits adults at English Entry levels and above.
Non accredited Functional Skills, ESOL & Language					
ESOL Conversation Clubs	Various times			esolconversationclubs@bristol.gov.uk for more information check our website www.esolcc.org	Online using ZOOM
Brush Up Your Maths – For Home And Work This course will help you brush up on your maths skills and prepare you to join a functional skills maths course to gain a qualification.	9.30am to 11.30am	20/09/21 Mondays Places still available	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Long Cross Children's Centre Lawrence Weston BS11 0LP TBC Face-to-face or blended with online learning. Suitable for English Entry Level 3 to Level 1
Brush Up Your English – For Home And Work This course will help you brush up on your English skills and prepare you to join a functional skills English course to gain a qualification.	1pm to 3pm	11/10/21 Mondays Places still available	9	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Long Cross Children's Centre, Lawrence Weston, BS11 0LP. Suitable for English Entry Level 3 to Level 1
*ESOL Conversation Class Designed to help learners to gain confidence in everyday life including work, school and in the community.	4pm to 6pm	18/10/21 Mondays Places still available	8	admin@c-bed.com	Online

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<p>*Getting Started With Maths For adults who want to improve their maths skills and their confidence. The course focusses on practical, everyday maths problems for work and volunteering.</p>	10am to 12noon	01/11/21 Mondays	7	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
<p>*English For Work & Volunteering For adults who want to improve their written and spoken English and their confidence for work and volunteering. This is not an ESOL course.</p>	10am to 12noon	02/11/21 Tuesdays	7	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
<p>ESOL For Entry 3 Or Level 1 For those who would like to improve their English reading, writing, speaking and listening skills.</p>	9am to 11am	08/11/21 Mondays	6	Pippa Davies 07385 939446 pippa.davies@bristol.gov.uk	Begbrook Primary Academy Stapleton BS16 1HG Suitable for ESOL learners Entry 3 and above
<p>*Confidence For Speaking, Listening And Communication A course designed to help learners develop, practise and gain confidence in speaking and listening in a range of different situations. This is NOT an ESOL course.</p>	10am to 12noon	17/11/21 Wednesdays	5	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
<p>ESOL For Employment This online course will help you practise and improve your English reading, writing and speaking to prepare you for employment.</p>	9.30am to 11.30am	18/11/21 Tuesdays & Thursday	4	Pippa Davies 07385 939446 pippa.davies@bristol.gov.uk	Online via ZOOM
<p>ESOL For Life Learn the language you need to live and work in the UK.</p>	9.45am to 11.45 am TBC	11/01/22 Tuesdays TBC	11	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Henbury or Brentry Children's Centre TBC Suits adults at English Entry levels and above
<p>Brush Up Your Maths! (Online) Basic maths course to help you develop your skills and confidence using maths! Work at your pace and your level – suitable for all levels. Opportunity to progress to a Functional Skills qualification!</p>	TBC 2hr sessions	TBC	10	Fiddy Garrad Fiddy.garrad@bristol.gov.uk 07342 031877	Online

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Accredited Functional Skills Maths and English					
*Functional English For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. Get in touch for more information.	1.30pm to 3.30pm	02/11/21 Tuesdays	TBC	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
*Functional Maths For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. Get in touch for more information.	TBC	January 2022 Mondays	TBC	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
Parenting and Family Learning					
*Triple P Parenting Triple P (Positive Parenting Programme), is as an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world.	TBC	TBC	TBC	Jonathan Hope 07779086892 jonathan.hope@wider-world.org.uk	Please contact Jonathan Hope for more details of venues and courses.
*Boost Pupils and parents learn together about resilience, confidence, teamwork, leadership, problem-solving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're going to achieve it.	TBC	TBC	TBC	Jonathan Hope 07779086892 jonathan.hope@wider-world.org.uk	Please contact Jonathan Hope for more details of venues and courses.

We welcome suggestions for new courses so please call us if you do not see a course you are looking for. Check our website www.communitylearningwest.net and our Facebook page <https://www.facebook.com/BristolCommunityLearning/>

* These courses are delivered on behalf of Community Learning West by commissioned partners.