



# Community Learning West NOVEMBER update FREE courses

**Community Learning West** offers a wide range of **FREE** courses to people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment.

Some courses take place **online** using Zoom, Google Classroom, Facebook, etc. Others take place **face-to-face**. For online courses, learners need a smart phone, laptop or tablet and data/Wi-Fi for internet use. Community Learning West has some tablets to loan out and Wi-Fi bundles to help learners with limited digital access. Please contact Community Learning West by email <u>lctinfo@bristol.gov.uk</u> for more details.

#### **Opportunities To Improve Digital Access In Local Communities**

We are looking to establish 13 digital learning points to be based with community organisations in local venues across the city. The offer includes 3 mini IT suites with 10 laptops to be managed by Community Learning and 10 learning sites fitted with Smart TVs and free Wi-Fi data via MiFis and the option to borrow 10 laptops. Our intention is to support providers and local groups to enhance their digital access for residents so that they can improve their digital skills, access online learning, undertake job search activities or support community cohesion activities. If you would be interested in having equipment located in one of your venues, then please contact James Bruton Team Leader for Digital Inclusion at james.bruton@bristol.gov.uk

Job Opportunities. Bristol City Council's Community Learning Team are looking for experienced tutors to deliver classes across the city in the following areas: ESOL, including entry and preentry levels · First Aid and Paediatric First Aid. For more details and how to apply, please follow this link: <u>Casual tutor | Voscur</u>

# **Courses starting soon...**

# **Non-accredited Maths and English**



#### Brush Up Your Maths – For Home And Work. Places still available

Ideal for adults who want to brush up on their maths skills and get ready to join a functional skills maths course to gain a qualification. **Face-to-face or online (TBC)** at Long Cross Children's Centre, Lawrence Weston, BS11 0LP. 9.30am to 11.30am, Mondays for 10 weeks **from 20/09/21**. Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

#### Brush Up Your English – For Home And Work. Places still available

Ideal for adults who want to brush up on their English skills and get ready to join a functional skills English course to gain a qualification. **Face-to-face** at Long Cross Children's Centre, Lawrence Weston, BS11 0LP. 1pm to 3pm, Mondays for 9 weeks **from 11/10/21**. Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

#### \*Getting Started With Maths

For adults who want to improve their maths skills and their confidence. The course focusses on practical, everyday maths problems for work and volunteering. **Face-to-face** at YES, West Street, Bristol, BS2 OBH. 10am to 12noon, Mondays for 7 weeks **from 01/11/21**. Phone 0117 9739744 or email <u>information@youtheducationservice.org.uk</u>

#### \*English For Work & Volunteering

For adults who want to improve their written and spoken English and their confidence for work and volunteering. **This is not an ESOL course. Face-to-face** at YES, West Street, Bristol, BS2 OBH. 10am to 12noon, Tuesdays for 7 weeks **from 02/11/21**. Phone 0117 9739744 or email <u>information@youtheducationservice.org.uk</u>

#### \*Confidence For Speaking, Listening And Communication

A course designed to help learners develop, practise and gain confidence in speaking and listening in a range of different situations. **This is NOT an ESOL course. Face-to-face** at YES, West Street, Bristol, BS2 OBH. 10am to 12noon, Wednesdays for 5 weeks **from 17/11/21**. Phone 0117 9739744 or email <u>information@youtheducationservice.org.uk</u>

#### Brush Up Your Maths! (Online)

Basic maths course to help you develop your skills and confidence using maths! Work at your pace and your level – suitable for all levels. Opportunity to progress to a Functional Skills qualification! **Online**, days and times to be confirmed. For more information and to register your interest, please contact Fiddy Garrad on 07342 031877or email <u>Fiddy.garrad@bristol.gov.uk</u>

# Accredited Maths and English

#### \*Functional Skills English

For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. **Face-to-face** at YES, West Street, Bristol, BS2 OBH. 1.30pm to 3.30pm, Tuesdays **from 02/11/21**. Phone 0117 9739744 or email <u>information@youtheducationservice.org.uk</u>

#### \*Functional Skills Maths

For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. Get in touch for more information. **Face-to-face** at YES, West Street, Bristol, BS2 OBH. Mondays **from January 2022**. Phone 0117 9739744 or email information@youtheducationservice.org.uk

# **IT and Employment Skills**

#### \*Introduction To Remote Learning

Learning online is here to stay! This 3-hour workshop will help you use Zoom and stay safe online. **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. **From 01/11/21**. Contact Kim Payne on 07917848757 or email <u>kim.payne@cmtservices.co.uk</u>

#### \*Confidence In Employability

Covers personal skills and attributes, writing a good CV and covering letter and job searching using a range of tools. Prepare for the interview and get that job! **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. **From 01/11/21**. Contact Kim Payne on 07917848757 or email <u>kim.payne@cmtservices.co.uk</u>





#### Level 2 Award In Independent Advocacy

An accredited course to help you start the journey of being an advocate for a range of settings. Targeting people with a range of lived experiences they can bring to advocate role. **Face-to-face** at St Pauls Learning Centre, 94 Grosvenor Road, Bristol, BS2 8XJ. 10am to 12noon, Thursdays for 10 weeks **from 04/11/21**. Contact Lucy Fieldhouse on 07788353446 or email Lucy.fieldhouse@bristol.gov.uk

#### Level 1 Award in Health And Social Care

This is a 30-hour accredited course. You will build a portfolio and gain the knowledge and skills needed to work in this sector (adults and children). **Face-to-face** at Henbury and Brentry Community Centre, Machin Road, Henbury, BS10 7HG. 9.30am to 2.30pm, Thursdays for 6 weeks **from 04/11/21**.Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

#### Intro To Office Skills/Business Admin/IT For Employment

For anyone who wants to boost the skills needed for work, including making applications. It will cover e-safety, Word, spreadsheets, making digital presentations. National Careers Service advisor will visit the course. **Online**. 10am to 12noon, Tuesdays for 6 weeks **from 09/11/21**. Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

#### \*Level 1 Passport To Enterprise And Employment

Thinking about setting up our own business or moving up in your job? This course is for you! Develop the skills you need for gaining employment or becoming self-employed. **Online**. 9.30am to 1.45pm, Thursdays and Friday mornings for 3 weeks **from 18/11/21**. Contact CCBED <u>admin@c-cbed.com</u>

#### **Computer Skills For Beginners**

On this course, you will learn the basics of using a computer. It will cover how to create an email account and send emails, create documents and set up video calls. Laptop loan and data may be available for this course. **Face-to-face** at St Werburgh' s Community Centre, Horley Rd, BS2 9TJ. 9.30am to 11.30am, Fridays for 6 weeks **from 12/11/21**. Contact Pippa Davies on 07385 939446 or email <u>Pippa.davies@bristol.gov.uk</u>

#### Get Digital/ Get To Know Your Laptop

A computer course for the terrified! Get started using Zoom and learn the basics including emails, creating strong passwords, how to stay safe online. **Face-to-face** at Avonmouth Community Centre, 257 Avonmouth Road, BS11 9EN. 1pm to 3pm, Thursdays for 6 weeks **from 25/11/21**.Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

# **Family Learning**



\*Triple P Parenting

Triple P (Positive Parenting Programme), is as an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world. For details of course, contact Jonothan Hope on 07779086892 or email jonothan.hope@wider-world.org.uk

#### \*Boost

Pupils and parents learn together about resilience, confidence, teamwork, leadership, problemsolving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're going to achieve it. For details of course, contact Jonothan Hope on 07779086892 or email jonothan.hope@wider-world.org.uk

# Confidence & Aspirations, Health & Wellbeing

#### Live Well Eat Well

A practical cooking course and a chance to learn about benefits of healthy cooking and active lifestyles. **Face-to-face** at Healthy Living Centre, Knowle West Health Park, Downton Road, BS4 1WH. 9.30am to 11.30am, Fridays for 6 weeks **from 05/11/21.** Contact Lucy Fieldhouse on 07788353446 or email <u>Lucy.fieldhouse@bristol.gov.uk</u>

#### Feel Good Outdoors. North Bristol

Well-being course focusing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities. **Face-to-face** at Lawrence Weston Community Farm, Saltmarsh Drive, Bristol BS11 0NJ. 1pm to 3pm, Fridays for 6 weeks **from 05/11/21**. Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

#### Holiday Craft Ideas For The Family

Based around stories. Explore some fun activities to do with your child at home, which are on a budget and support your child's learning. **Face-to-face** at Henbury or Brentry Children Centre TBC. 9.45am to 11.45am, Tuesdays for 3 or 4 weeks **from 30/11/21**.Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

# **ESOL Conversation Clubs and Courses**

#### **ESOL Conversation Clubs**

To join a friendly Zoom meeting contact

<u>esolconversationclubs@bristol.gov.uk</u>. For more information check our website <u>www.esolcc.org</u> or visit Learn English in Bristol website: <u>www.LEB.community</u>

#### \*ESOL Conversation Class. Places still available

Designed to help learners to gain confidence in everyday life including work, school and in the community. **Online**, 4pm to 6pm, Mondays for 8 weeks **from 18/10/21**. Email <u>admin@c-cbed.com</u>

#### ESOL For Entry 3 Or Level 1

For those who would like to improve their English reading, writing, speaking and listening skills. **Face-to-face** at Begbrook Primary Academy, Stapleton, BS16 1HG. 9am to 11am, Mondays for 6 weeks **from 08/11/21**. Contact Pippa Davies on 07385 939446 or email <u>Pippa.davies@bristol.gov.uk</u>





#### **ESOL For Employment**

This online course will help you practise and improve your English reading, writing and speaking to prepare you for employment. **Online**, 9.45am to 11.45am, Tuesdays and Thursdays for 4 weeks **from 18/11/21**. Contact Pippa Davies on 07385 939446 or email <u>Pippa.davies@bristol.gov.uk</u>

#### **ESOL** For Life

Learn the language you need to live and work in the UK. **Face-to-face** at Henbury or Brentry Children Centre TBC. 9.45am to 11.45am, Tuesdays for 11 weeks **from 11/01/22**.Contact Suzanne Gaffney on 07887451776 or email <u>suzanne.gaffney@bristol.gov.uk</u>

# \* These courses are delivered on behalf of Community Learning West by commissioned partners.

We always welcome suggestions so please call us if you do not see a course you are looking for. Check our website <u>www.communitylearningwest.net and</u> our Facebook page <u>https://www.facebook.com/BristolCommunityLearning/</u>

### What our learners say...

- The course was well led. Perhaps I haven't learnt something completely new, but it was good reminder of basics ingredients for happy life. Overall, I enjoyed each session, and I would recommend the course to anyone.
- I liked all of it! I was nervous before going onto Zoom but I felt quite confident in speaking on it and felt at ease.
- The course helped me be a bit more confident with myself, I did learn more grammar and I would like to continue study.
- XXXX is a great tutor, very helpful and the course helped me gain the confidence I need to move forward.
- Thank you XXXX. I like the way you explained every topic in the class and your support online as well. I learnt many different techniques to improve my writing skills.





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