

Community Learning West – FREE courses for people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment. If you are worried about getting started with online learning please call the contact number for the course you are interested in and they will be able to organise support for you.

Course Title & Description	Time	Start Date & Day	No. of weeks	Contact	Delivery
Employability					
Introduction To Health And Social Care A short course to help you understand the options for working in the Health and Social Care Sector. You will have the option to go on to a Level 1 Health and Social Care qualification.	9.30 to 12.30pm	07/01/22 Fridays		Shani Smith 07775227352 shani.smith@bristol.city.gov.uk	Face-to-face Faith Space Prewett Street Redcliffe Bristol BS1 6PB
*Introduction To Remote Learning Learn how to use Zoom, set up an email account with a safe password and staying safe online.	3hr workshop	17/01/22	1 session	Debra Howarth 07809658362 debra.howarth@cmtservices.co.uk	Face-to-face at The Greenway Centre Doncaster Road Southmead BS10 5PY
*Confidence In Employability This course covers personal skills and attributes, writing a good CV and cover letter, using different resources to search for jobs, preparing for an interview.	9.30am to 3pm	18/01/22 to 20/01/22 Tuesday to Thursday	3 days	Debra Howarth 07809658362 debra.howarth@cmtservices.co.uk	Face-to-face at The Greenway Centre Doncaster Road Southmead BS10 5PY
*Level 1 Passport To Enterprise And Employment Develop the skills you need for gaining employment or becoming self-employed.	9.30am to 1.45pm	27/01/22 Thursdays and Friday mornings	3	CCBED admin@c-bed.com	Online
IT Skills					
*Confidence For Digital Skills For learners wishing to build digital skills and confidence to access digital technology including desktop publishing, internet and email.	10am to 12noon	19/01/22 Wednesdays	6	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
Intro To Business Admin/Office Skills An intermediate course which will include word processing, presentations, spreadsheets, getting support from NCS or One Front Door.	10am to 12noon	25/01/22 Tuesdays	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online course using Zoom and ITS Learning IT platform. Support will be given.

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Get Digital A basic computer course to get you started, a laptop will be available for the course. Includes e-safety, internet and email.	10am to 12noon	27/01/22 Thursdays	4	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Shirehampton Employment Hub/Methodist Church, Penpole Avenue, Shirehampton, Bristol, BS11 0DY
Confidence & Aspirations, Health & Wellbeing					
Healthy Eating On A Budget Gain skills and knowledge on preparing healthy meals from scratch plus improved maths and new budgeting ideas.	10am to 12.15pm	10/01/22 Mondays	6	Pippa Davies 07385 939446 Pippa.davies@bristol.gov.uk	Face-to-face Minerva Primary Academy
**Time For Change Do you feel overwhelmed by changes and projects in your life? This course is for you! Free online sessions to empower you in your personal and professional life!		14/01/22 21/01/22 28/01/22 Fridays		admin@c-bed.com 07518 576597	Online
*Dyslexia Support Supportive course for adults who think they may be dyslexic or those who have a diagnosis. Learners will identify personal learning styles & strengths, discover resources to aid spelling & writing, identify techniques for dealing with new information and develop time management & organisation.	10am to 12noon	20/01/22 Thursdays	5	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
Intro To BSL Learn the basics about using British Sign Language.	1pm to 6pm	24/01/22 & 27/01/22 Monday and Thursday	2	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Henbury Court Community Centre, Machin Road, Henbury, Bristol, BS10 7HG
Woodland Skills Learn new skills in an outdoor setting e.g. coppicing, using willow, making a fire safely etc. A wellbeing course in a lovely setting. Find out about outdoor activities and volunteering opportunities locally.	12.30pm to 3pm	17/02/22 Thursdays	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Lawrence Weston Community Farm, Saltmarsh Drive, Lawrence Weston, Bristol, BS11 0NJ

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Non accredited Functional Skills, ESOL & Language					
ESOL Conversation Clubs	Various times			esolconversationclubs@bristol.gov.uk for more information check our website www.esolcc.org	Online using ZOOM Some Clubs also meet in person. See website for details
ESOL For Everyday English Intermediate level course for improving your speaking, listening, reading and writing skills.	9.30am to 11.30am	10/01/22 Mondays	8	Pippa Davies 07385 939446 Pippa.davies@bristol.gov.uk	Oldbury Court Children's Centre, Frenchay Road, Bristol BS16 2QS
ESOL For Living In Britain This beginners' course will teach you English for daily life in Bristol.	12.15pm to 2.15pm	10/01/22 Mondays	8	Pippa Davies 07385 939446 Pippa.davies@bristol.gov.uk	Face-to-face Crofts End Church, 1 Crofts End Road, Speedwell, Bristol, BS5 7UW
*Make Numbers Work A course for learners who want to improve maths skills. Focusing on practical, everyday maths problems with the aim to develop learner's confidence, skills and understanding of Maths.	1.30pm to 3.30pm	10/01/22 Mondays	12	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
*Make Words Work A course for learners wishing to improve their English skills. Focusing on everyday English use with the aim to develop learner's confidence, skills and understanding of English. This is not an ESOL course.	10am to 12noon	11/01/22 Tuesdays	12	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
ESOL for Living in UK This Entry level course will teach you English for daily life in Bristol.	9.30am to 11.30am	11/01/22 Tuesdays	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Henbury Court Children's Centre, Trevelyan Walk, Henbury, Bristol, BS10 7NY. Suitable for Entry Level ESOL/English learners.
ESOL Beginners A first steps English course - learn how to introduce yourself and use relevant vocabulary for speaking with others.	12.45pm to 2.45pm	11/01/22 Tuesdays	6	Pippa Davies 07385 939446 Pippa.davies@bristol.gov.uk	Face-to-face St Pauls Learning Centre, 94 Grosvenor Road, St Paul's, Bristol, BS2 8XJ

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ESOL for Everyday English This Entry Level course will help to improve your speaking, reading and writing skills.	9.45am to 11.45am	12/01/22 Wednesdays	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Avonmouth Children's Centre, Catherine Street, Avonmouth, Bristol, BS11 9LG Suitable for Entry Level ESOL/English learners.
*ESOL Conversation Class Designed to help learners to gain confidence in everyday life including work, school and in the community.	4pm to 6pm	31/01/22 Mondays	8	admin@c-cbed.com	Online
Brush Up Your Maths! (Online) Basic maths course to help you develop your skills and confidence using maths! Work at your pace and your level – suitable for all levels. Opportunity to progress to a Functional Skills qualification!	Days and times to be confirmed	Days and times to be confirmed	TBC	For more information and to register your interest, please contact Fiddy Garrad Fiddy.garrad@bristol.gov.uk 07342 031877	Online via ZOOM
Accredited Functional Skills Maths and English					
*Functional English For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. Get in touch for more information.	1.30pm to 3.30pm Places still available	02/11/21 Tuesdays	TBC	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH
Functional Skills Maths This accredited course will help to improve your maths skills in everyday situations, and it will prepare you to take maths tests up to level 1.	9.30am to 11.30am	10/01/22 Mondays	22	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Long Cross/Four Villages Children's Centre, Long Cross, Lawrence Weston, Bristol, BS11 0LP
*Functional Maths For adults ready to study and take Functional Skills qualifications from Entry level up to level 1. Get in touch for more information.	TBC	January 2022 Mondays	TBC	To register your interest Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face at YES West Street Bristol BS2 OBH

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Parenting and Family Learning					
<p>*Triple P Parenting Triple P (Positive Parenting Programme), is as an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world.</p>	TBC	January 2022	TBC	Jonothan Hope 07779086892 jonothan.hope@wider-world.org.uk	Please contact Jonothan Hope for more details of venues and courses and to register your interest.
<p>*Boost Pupils and parents learn together about resilience, confidence, teamwork, leadership, problem-solving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're going to achieve it.</p>	TBC	January 2022	TBC	Jonothan Hope 07779086892 jonothan.hope@wider-world.org.uk	Please contact Jonothan Hope for more details of venues and courses and to register your interest.
<p>*Fussy Eating And Mealtimes For parents and carers looking to develop the skills and knowledge to support their children to learn healthy eating habits and to understand the family mealtimes.</p>	TBC	Week beginning 24/01/2022	6	Jonothan Hope 07779086892 jonothan.hope@wider-world.org.uk	This course will be delivered online. Please contact Jonothan Hope for more details and to register your interest.

We welcome suggestions for new courses so please call us if you do not see a course you are looking for. Check our website www.communitylearningwest.net and our Facebook page <https://www.facebook.com/BristolCommunityLearning/>

* These courses are delivered on behalf of Community Learning West by commissioned partners.

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